

October 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	9
B: Oatmeal, Fruit, Milk L: Chicken Quesadilla, Salad, Fruit, Milk S: Rice Krispie Treats, Water	B: Lemon Poppy Seed Muffins, Fruit, Milk L: Veggie Fried Rice, Rolls, Fruit, Milk S: Veggie Straws, Dip, Water	B: Scrambled Eggs, Sausage, Fruit, Milk L: Corn Chowder, Crackers, Fruit, Milk S: Yogurt, Vanilla Wafers, Water	B: Latkas, Applesauce, Sour Cream, Milk L: Spaghetti, Marinara, Veggies, Fruit, Milk S: Cookies, Water	B: Blueberry Pancakes, Fruit, Milk L: Ham and Cheese Croissant, Tater Tots, Veggie, Fruit, Milk S: Healthy Candy Corn Fruit Cup, Whipped Cream, Water
12	13	14	15	16
B:  L: S:	B: Cereal, Fruit, Milk L: Vegetarian Rice and Bean Burrito, Sour Cream, Salsa, Veggie, Fruit, Milk S: Jello, Whipped Cream, Water	B: Croissants, Strawberries, Milk L: Chicken Salad Pita Pockets, French Fries, Veggie, Fruit, Milk S: Soft Pretzels, Mustard, Water	B: Open Faced Egg Sandwich, Fruit, Milk L: Spinach Pasta Toss, Garlic Bread, Fruit, Milk S: Crackers, Herbed Cream Cheese, Water	B: Caramel Apple Muffins, Fruit, Milk L: Tuna Sandwich, Chips, Pickles, Fruit, Milk S: Waffle Ice Cream Sandwich, Water
19	20	21	22	23
B: Waffles, Fruit, Milk L: Turkey Chili, Sour Cream, Cornbread, Fruit, Milk S: Pita Chips, Hummus, Water	B: Golden Apple Oatmeal, Milk L: Veggie Fritata, Rolls, Fruit, Milk S: Brownies, Water	B: Yogurt, Fruit, Granola, Fruit, Milk L: Teriyaki Chicken, Rice, Veggies, Fruit, Milk S: Goldfish, Applesauce, Water	B: Raspberry White Chocolate Chip Muffins, Fruit, Milk L: Veggie Pot Pie, Mashed Potatoes, Fruit, Milk S: S'mores Bars, Water	B: Scones, Fruit, Milk L: Chicken Scampi, Veggie, Fruit, Milk S: Cinnamon Struessel Cake, Water
26	27	28	29	30
B: Cereal, Fruit, Milk L: Fish Sandwich, French Fries, Pickles, Fruit, Milk S: Apple Crisp, Ice Cream, Water	B: Egg and Cheese Sandwich, Fruit, Milk L: Black Beans and Rice, Veggie, Fruit, Milk S: Trail Mix, Water	B: Donuts, Fruit, Milk L: American Chop Suey, Veggie, Garlic Bread, Fruit, Milk S: Dirt Cups, Water	B: Banana Foster Muffin, Fruit, Milk L: Grilled Cheese, Tomato Soup, Fruit, Milk S: Veggies, Dip, Water	B: Bagels, Cream Cheese, Fruit, Milk L: Flat Bread Pizza, Salad, Fruit, Milk S: Classroom Halloween Snack

Upcoming Events

10/10: Fire Prevention Week

10/12: Granite Start
CLOSED- Columbus Day

10/16: Fall Festival

10/30: Trunk or Treat & Class Halloween Parties

10/31: Halloween

Granite Start ELC
100 Perimeter Rd,
Nashua, NH 03063
603-880-3353